

Patient Name:

**PROHIBITED MEDICATIONS/SUBSTANCES TO STOP BEFORE SURGERY**

**Please STOP the following medications before and after your surgery as specified in the table below.** These medications have been known to interfere with surgery, the amount of bleeding and bruising during or after your surgery and delay the healing process. Please keep in **mind this IS NOT a comprehensive list so if you have ANY QUESTIONS AS TO A MEDICATION YOU ARE CURRENTLY TAKING, CALL US IMMEDIATELY FOR GUIDANCE.** If there is a medication listed that your doctor does NOT want you to stop, please notify us immediately.

TYLENOL IS FINE TO TAKE.

<b><u>STOP 24-48 HOURS BEFORE SURGERY</u></b>	<b><u>Stop 2 weeks Before &amp; After Surgery</u></b>	<b><u>Stop 30 Days Before &amp; After Surgery</u></b>	<b><u>Stop 6 Weeks Before &amp; After Surgery</u></b>
Any blood pressure medication	Alcohol	Betamethasone	Green Tea/Herbal Teas
Metoprolol	Aspirin	Depo-Medrol	Mounjaro
Valsartan HCTZ	Aspirin Containing Products	Marijuana	Multivitamins
Lisinopril	Advil	Medrol Dosepack	Ozempic
Amlodipine	Aleve	Methyl Prednisolone	Semiglutides
	Alka-Seltzer products	Nicotine	Wegovy
	Aspergum	Prednisone	Weight Loss Medications
	Celebrex	Prednisolone	Weight Loss Injections
	Chia seeds	Smoking	
	Diclofenac	Solumedrol	
	Excedrin	Steroids/Glucosteroids	
	Fish Oil	Vaping	
	Flax Seed		
	Ibuprofen		
	Indomethacin		
	Meloxicam		
	Mobic		
	Motrin		
	Naproxen		
	Omegas		
	Percodan		
	Phenedimetrazine		
	Phentermine		
	St. John's Wort		
	Valerian		
	Vitamin E		
	Voltaren		

**I have received, read, and understand this document.**

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Patient Signature

\_\_\_\_\_  
Date